

Health & Work Outcomes

Update on Health-led Trials in the UK

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Health-led trials

What are we doing?

Designing and delivering two large-scale randomised control trials:

- Working with two devolution areas – Sheffield City Region & W Mids Combined Authorities – building on learning from an IPS trial in Islington
- Running over two & a half years from Jan 18 to March 2020
- Involving a combined total of almost 12,000 participants

Why are we doing it?

Building on the promising evidence of IPS to test:

- Whether health-led interventions can improve health & employment outcomes at the same or less cost than current services
- Whether the IPS principles can be applied to different cohorts (mental & physical health/in-work & out of work)
- How this can be delivered at scale & across different geographies

How are we doing it?

Working collaboratively with a broad range of partners to:

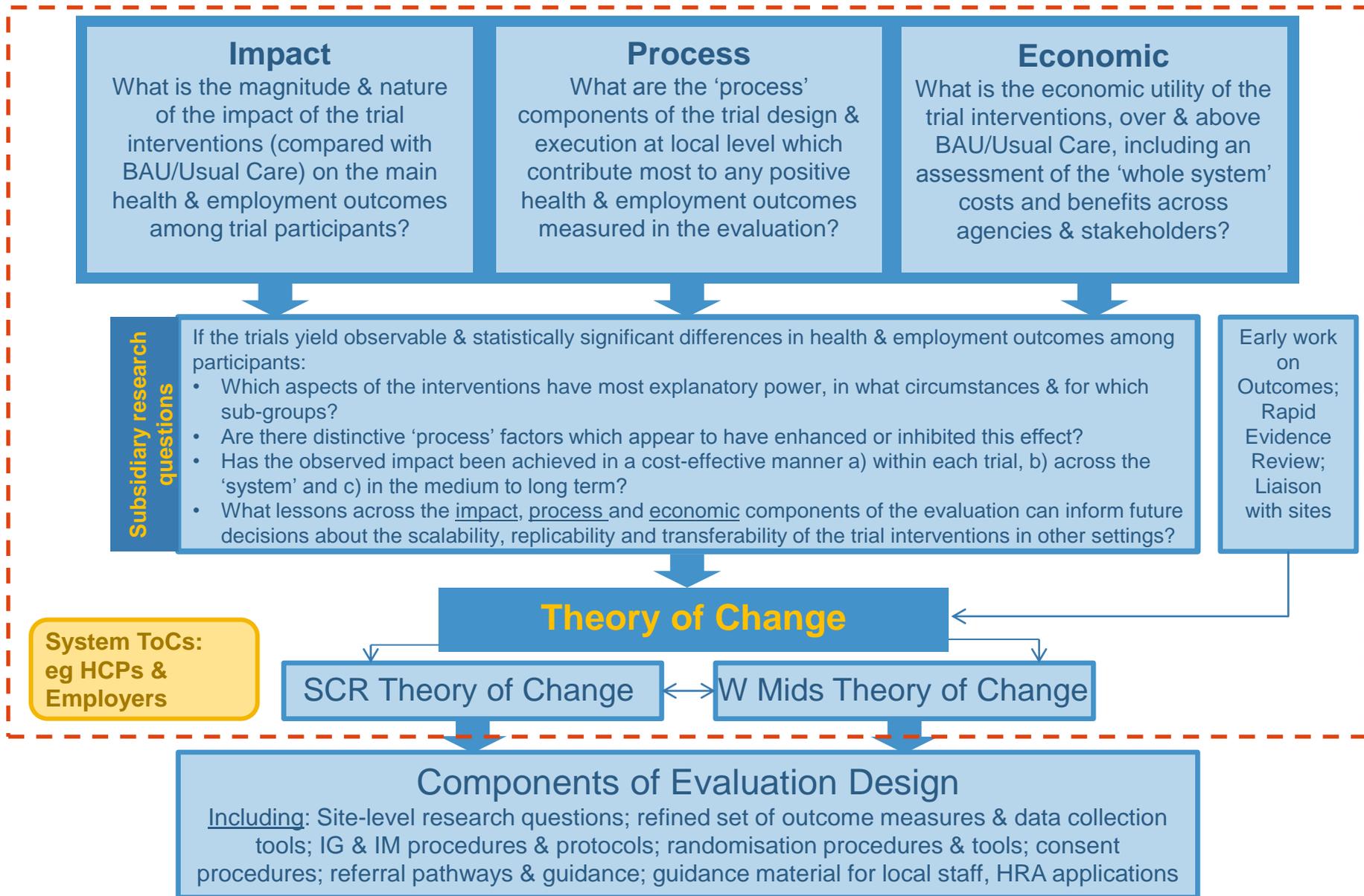
- Co-design the trial with stakeholders from local govt, CCGs, GP leads, service users and JCP
- Lead a national evaluation to input into the trial & research design & to evaluate impact, process & economic outcomes
- Share learning as we progress the work to inform thinking about scalability and sustainability

Research Questions

- What impact, if any, does the provision of IPS type services to the selected client groups, have upon **attaining and sustaining employment**?
- What impact, if any, does the provision of IPS type services to the selected client groups, have upon the self-reported **health, the self-management of health and wider wellbeing**?
- What **costs** are incurred and what **benefits** arise (in respect of health, employment and wellbeing) from the provision of IPS type services to the selected client groups?
- How are any impacts of the trials upon **sustained employment, and health**, achieved? What is the **causal pathway** to the impacts that are achieved?

High-level aim of Health-led Trial Evaluation

To deliver a high quality and replicable evaluation of the health-led trials which enables policy-makers and local multi-agency stakeholders to assess their success against three overarching and related research questions:



The Evaluation - Overview

- This will be the world's largest IPS trial
- Includes impact evaluation, process evaluation and economic evaluation
- We are interested in both health & employment outcomes
- Multiple stakeholder involvement (GPs, employment advisors, employers)

What makes this trial distinctive?

- The impact, process & economic elements
- The use of IPS with such a large number of participants with common mental health problems, with MSK problems and a small in-work group
- Its recognition that work can have therapeutic benefits & that self-management at work might be improved
- Its potential to inform policy & practice (on transferability, scale, costs & benefits, on referral pathways, stakeholder collaboration, data sharing etc)

Further information

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